



Cougar Crunch Classic

Hosted by Cougar Crunch Wrestling Club
Pre K-8 Youth Folkstyle Tournament
Sunday, December 13th, 2009

UPDATED on 11/19/09

Where: Kennedy High School
4545 Wenig Rd
Cedar Rapids, IA 52402
Contact Person: Jeff Knox 319-361-1241 or knoxja@mchsi.com

Wrestling as soon as possible after weigh-ins, targeting **4 matches** with 1 every half hour and any one wrestler only has to be there about 3 1/2 hours including weigh-ins. **8 half mats available during morning session, 4 full mats during the afternoon session. Junior and Senior division will wrestle on full mats**

Session 1:

Divisions: Super Pee Wee* (Born 2003-05) Pee Wee* (Born 2001-02) and Bantam (Born 1999-2000)
Weigh-in: 8:00 a.m. – 8:45 a.m.
Wrestle: 9:00 a.m. – 11:30 a.m.

*Super Pee Wee and Pee Wee will be developmental. No score will be kept. Pins will be called but wrestlers will restart the match

Session 2:

Divisions: Junior (Born 1997-8) and Senior (Born 1995-6)
Weigh-in: 10:30 a.m. – 11:15 a.m.
Wrestle: 11:30 a.m. – 2:00 p.m.

5 Man Round Robins with medals for 1st-4th – all Super Pee-Wee and Pee-Wee wrestlers receive a medal
Certified Officials will be used
Entry fee for spectators: Adults - \$3, School age kids - \$1

Pre-Registration online at www.trackwrestling.com or fill out the entry form below

Registration Fee: \$15.00 Walk-ins allowed but not guaranteed an award (Walk-in fee \$17.00)

Make checks payable to: Cougar Crunch Wrestling Club

Mail entry forms and payments to: Cougar Crunch Wrestling Club
2809 Seneca Ct. NE
Cedar Rapids, IA 52402

*******Entry forms must be received by December 10, 2009*******

Detach and mail below ***DEADLINE DECEMBER 10, 2009*******

Name _____ Age _____ Birthdate _____ Grade _____
Address _____ City _____ State _____ Zip _____
Phone _____ Club Name or School _____
Division _____ Weight _____ Wrestling Level (circle) Excellent Good Average Beginner

I certify that _____ was born on the above date and he has my permission to compete in the Cougar Crunch Classic Wrestling Tournament. I hereby accept full responsibility for my child's behavior, participation and insurance coverage during this event. I will not hold the Cougar Crunch Wrestling Club or Kennedy High School or any of their agents responsible or liable for any accidents occurring during this tournament. I shall also accept responsibility for any damages occurring to the school facility or any private property caused by the above named youth.

Parent/Guardian Signature _____ Date _____