



X-MEN WRESTLING CLUB

2020 DEVELOPMENTAL TOURNAMENT

This tournament is for all **beginner** wrestlers with 2 years or less experience

- Date:** **Sunday – January 5, 2020**
Location: LaSalle Middle School Gymnasium
3700 1st Ave NW, Cedar Rapids, IA
Weigh-Ins: 1:15pm – 2:00pm
Cost: \$10 - Walk-In Only
Checks payable to: "X-MEN WRESTLING"
Admission is free for spectators.
Limited to 300 wrestlers
Concessions will be available
- Awards:** Medals to all participants!
Grades: PK thru 6th Grade

- All wrestlers should wrestle 3-4 matches depending on time.
- No wall brackets will be used.
- Wrestlers will be paired randomly by weight and their grade.
- Matches will consist of 3 - (1) minute periods.
- Pins will be called but wrestling will continue until the match time has ended.
- Both wrestlers' arms will be raised at the end of the match.
- Please remember that this tournament is designed to give the beginning wrestler more mat time & confidence before they enter the more competitive tournaments.
- For more information contact Ben Hoover - bhoover@holmesmurphy.com.

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| Wrestler's Name: | School: |
| Parents' Name: | Grade: |
| Address: | Birthdate: |
| City, State, Zip: | Phone: |
| E-mail: | Weight: |
| <u>Accident and Injury Waiver</u> | |
| I certify that _____ has my permission to participate in the X-Men Wrestling Club Tournament. I hereby accept full responsibility for his actions. I understand that Xavier HS, LaSalle MS, any of their agents and the coaches and advisors are not responsible or liable for any accident, injury, or loss of property. | |
| Signature of Parent or Guardian | |