



Join us October 10-11, 2020 at the Marriott in Coralville for Female Elite Wrestling's
5TH ANNUAL PRESEASON GIRL'S DUAL TOURNAMENT
MIDWEST MAT OF DREAMS

Youth (born 2006 or later, no HS): 58, 65, 73, 82, 91, 100, 110, 120, 135, 155

High School (grade 9-12): 100, 106, 113, 120, 126, 132, 138, 148, 160, 191

AWARDS:

Top 8 Dual Teams in each age group earn Custom Medals.

FAST FACTS FOR DUAL TEAM COACHES & FAMILIES

Modified Folkstyle Rules: Neutral Restarts & Out of Bounds Stepout Point

Cost for Dual Team: \$450 per division (~\$45 per wrestler); pay Cash, Check or Electronic

Membership: USA Wrestling '20 - '21 Folkstyle membership (join/renew online NOW)

Roster: 2 USA Coaches, 2 Table Workers & up to 3 extra Athletes per team.

Athletes can compete in only 1 division and only on 1 team; 8th graders may compete in either division.

Dual teams consist of athletes from ONE STATE; coaches can include 1 out of state athlete.

Wrestlers not wrestling for their state of residence may contact the tournament director to request addition to the "free agent list" to fill available weight classes; free agents will be assigned to help various teams.

PANDEMIC PRECAUTIONS WILL BE ENFORCED.

MASKS REQUIRED, Temperature Scans, Follow ALL Event & Venue Instructions and Signs.

Plan for a Cashless Tournament (mobile gear sales, prepaid admission tickets).

Bracket Format: TBD- reformatting for 2020 with YOUTH DIVISION Saturday & HS DIVISION Sunday

Schedule: Team Weigh-ins will be arranged Saturday AM for Youth, Saturday PM for High School

Admission: Adults \$10, Kids/Students 18 & under \$5 & USAW Coach-Members FREE

ALL ADMISSIONS REQUIRE ONLINE PRE-PURCHASED TICKETS.

