

GLENWOOD WRESTLING CLUB TOURNAMENT

SATURDAY JANUARY 23, 2020

GLENWOOD COMMUNITY HIGH SCHOOL 504 EAST SHARP STREET, GLENWOOD, IOWA

IMPORTANT! PLEASE READ CAREFULLY.

TIME CHANGES

Due to COVID related distancing requirements and capacity restrictions, this year we are required to break the tournament into more sessions. This will change weigh-in and start times as noted below. Between sessions we will have a short break to allow for fans and athletes to arrive and depart and for mat cleaning. The tournament will otherwise run as normal. See the tournament flyer for all other details.

GENERAL REQUIREMENTS

- Spectators: Limited to 2 per wrestler during the session they are competing in. (This does not include team coaches).
- Distancing: Spectators are expected to sit with their families and maintain social distancing from others.
- Face Coverings: Are expected to be worn at all times for spectators, coaches and wrestlers unless they are competing.
- Arrival/Departure: Please do not arrive prior to your division's designated weigh-in time. Following weigh-ins you will be asked to wait in the auxiliary gym until your session begins. We will have mats in the auxiliary gym for wrestlers to warm up. Spectators are expected to leave the facility upon completion of the session.

WEIGH INS FOR ALL DIVISIONS

Friday, January 22nd: 6 – 8:00 pm. Weigh in at Glenwood High School, 504 E. Sharp St.

SESSION 1 NOVICE:

6U and 8U age groups

Weigh-ins 7 – 8:00 am

Wrestling starts at 9:00 am

SESSION 2 NOVICE:

10U and 12U age groups

Weigh-ins 8:30 – 9:30 am

Wrestling starts at approximately 10:30 am

SESSION 3 OPEN:

8U and 10U age groups

Weigh-ins 10 – 11:00 am

Wrestling starts at approximately 12:00 pm

SESSION 4 OPEN:

12U and 14U age groups

Weigh-ins 11:30 am – 12:30 pm

Wrestling starts at approximately 1:45 pm

FOR MORE INFORMATION

Email: glenwoodwrestlingclub@gmail.com

Call or text: Jason Black 402-681-1968, Nolan Williamson 402-980-6062 or Sean Newberry 402-618-3315