

Sunday, January 6th, 2019



Grinnell College Charles Benson Rec. Center/Gym, 1201 10th Ave, Grinnell, IA 50112

K-8 IOWA STATE YOUTH DUALS

WRESTLING BEGINS AT 9AM

Weigh-ins Schedule- NO scale allowance

Jan.5th early optional weigh-ins for Elite Clubs & School Based Clubs

7pm-9pm (\$20 dollars per wrestler)

Jan.6th free weigh-ins for Elite Clubs and School Based Clubs 6am-8am

DUALS INFORMATION:

Limited to 8 Teams per division (Round Robin Format followed by Bracket Format)

We will have two Divisions Elite clubs only and School based

18 weight classes and 2 alternates = 20 wrestlers per team (If over the 20 wrestler limit its \$30 per wrestler over the 20 wrestler limit)

GRADES-K-8

2-1-1 minute periods-1 mins. OT and 30 sec. tie breaker with certified officials!

\$500 Registration Fee for each school based club division team (wrestling on full mats)

\$500 Registration Fee for each Elite Club division team (wrestling on full mats)

Weight Classes: 50,55,60,65,70,75,80,85,90,95,100,110,120,130,140,150,165, HWT (max 235)

Concession Stand and Apparel Sales all day

Questions Email ironelitewrestling@gmail.com

Teams that are over the 20 wrestler team limit - \$30 per wrestler for each additional wrestler over the limit!

Wrestlers without a team (free agents) -If you do not have a dual team and want to be placed on one email ironelitewrestling@gmail.com - \$30 per wrestler to be placed on a team!

DUALS SCHEDULE FOR BOTH DAYS:

9am-10:30am Round Robin dual 1

10:30am-Noon Round Robin dual 2

Noon-1:30PM Round Robin dual 3

1:30pm-2:00pm Bracketing Break

2pm-3:30pm Bracket Semi-Final Round dual 4

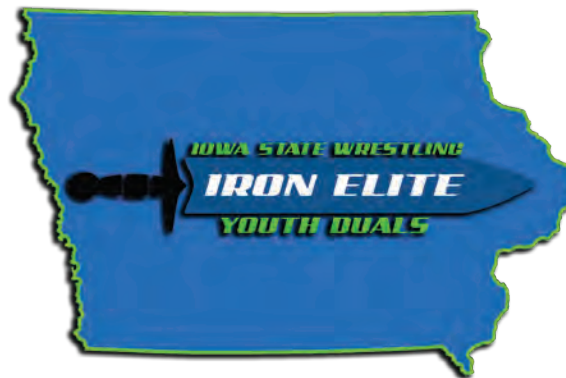
3:30pm-5:00pm Bracket Placing Round dual 5

TEAM AWARDS: 22 Gold Medals for Championship Team and Championship Team Trophy, 2nd place Team Trophy and 22 Silver Medals and 3rd Place Team Trophy and 22 Bronze Medals.

INDIVIDUAL AWARDS: Gold All-State 5-0 will receive a Gold Medal, Silver All-State 4-1 will receive a Silver Medal and Bronze All-State 3-2 will receive a Bronze Medal. We will have a most valuable wrestler award of each division!

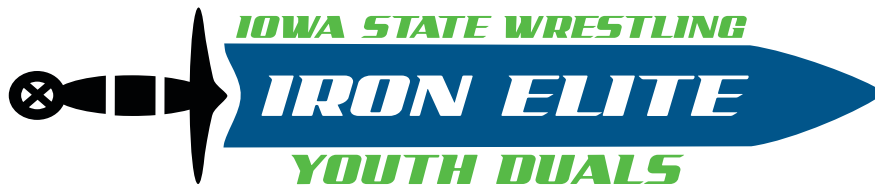
SPECTATOR ENTRY FEES: \$10 and \$5 programs and only 2 coaches FREE!

RULES: You will be able to bump a wrestler up one weight for any match. A wrestler cannot be in this event if he is 15 years or older. Please be prepared to show proof of age/grade if challenged. Each school based/beginner club team cannot have more than 3 free agents the rest of the team must be club members! Each team will be allowed 2 Free coaches. Each Team will provide 1 FREE table worker for this event. NO scale allowance!



**FOR IOWA WRESTLERS
AND IOWA TEAMS ONLY!**

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TEAM REGISTRATION FORM

Team Name _____

Team Coaches _____ (only 2 coaches FREE)

Table Worker _____ (only 1 table worker FREE) Each team must have at least one table worker!

When is the team weighing? (circle one) \$20 early weigh-in or Free weigh-in

Team Division (circle one) Elite clubs or school based/beginner clubs

PAYMENT PLAN: (circle one) Pre-pay by certified check before weigh-ins or pay with cash at weigh-ins

ATHLETIC LIABILITY RELEASE

I certify that all information provided is correct and the wrestlers have my permission to compete in the Iron Elite National Duals Tournament. I also certify that each participant is a member of the club they are representing today and I only have 3 or less free agents that are not from my school based/beginner club. This does not apply for Elite/All-star clubs. Elite/All-Star clubs can have more than 3 free agents. I hereby, for myself and members of my team, waive and release any and all rights and claims for damages myself or members of my team have against the Iron Elite Wrestling, Steven Farrell, Anthony Chilton and/or the Grinnell College, their agents and representatives.

Coach Signature: _____ Date: _____

INDIVIDUAL ENTRY FORM

This form must be filled out before you can weigh-in/wrestle

(Fill out/sign and send)

Name: _____ Address: _____ City: _____

Zip: _____ Email Address: _____

Cell Phone: _____ Wrestling Record: _____ - _____

Grade: _____ Division: _____ Team: _____

Weight Class: _____ Health Concerns: _____

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Iron Elite Wrestling**

I certify my child has been cleared by a physician and hereby give my permission for any and all activities involved in the Iron Elite Nationals. I further waive any legal action against Steven Farrell, Anthony Chilton, Iron Elite, Grinnell College and its employees for injuries my child may incur.

Parent's Signature _____ Date: _____

Please make all checks payable to: Iron Elite Wrestling and mail all entry fees and camp waivers to:
Attn: Mr. Chilton, Iron Elite Wrestling, 1011 W. Boston Ave., Indianola, Iowa 50125

Question: Email ironelitewrestling@gmail.com | Phone number- 515-689-9188

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