FRIDAY, NOVEMBER 29, 2019
Lake Mills Wrestling Club Tournament
(Snow dates: Sat., Nov. 30, then Sun., Dec. 1)
Lake Mills School, 102 S 4th Ave East, Lake Mills, IA 50450

Entry Fee: $12 in advance; $15 at the door. NO REFUNDS. Make checks payable to: Lake Mills Wrestling Club. Mail entry form and $12 by Nov. 23rd to: Dan Fjeld, 364 370th St., Fertile, IA 50434

K-Prep through 8th Grade (2 gyms, 9 mats used)
K-4 wrestles in HS gym, 5th-8th wrestle in the MS Gym
(Had a record 381 kids in 2018, and it lasted only around 4 hours!)

High School Gym
Grade Weigh In Time Approx. Wrestling Time
Division I- K Prep & K 11:30 am – 12:30 pm 1:15
Division II- 1st & 2nd grade 12:00 am – 12:45 pm follows K-Prep & K
Division III- 3rd & 4th grade 2:00 pm – 2:30 pm follows 1st & 2nd grade

Middle School Gym
Grade Weigh In Time Approx. Wrestling Time
Division IV- 5th & 6th grade 12:30 pm – 1:00 pm 1:45 follows 5th & 6th grade
Division V- 7th & 8th grade 1:30 pm – 2:00 pm

Round Robin Tournament. Four person brackets. Everyone wrestles 3 times, if possible. Medals awarded to all four places. Awards handed out when bracket has completed wrestling.

Tournament Rules:
1) Concession stands available-Sponsored by the LM Wrestling Club.
2) Coaching at mat side.
3) K-Prep-6th matches will consist of three, one minute periods. 7th-8th will be 2-1-1. Overtime will be sudden death and first to score wins.
4) Anyone causing trouble or doing damage in the facility will be held responsible for them and will be ineligible for the rest of the day.
5) When a participant is not on deck, or wrestling, he/she is expected to be in the bleachers.
6) Participants will be responsible for any lost items.
7) Injuries must be reported to the meet director the day of the tournament.
8) Showers are available. Bring your own towel.
9) Admission will be charged to everyone except participating wrestlers.
10) No sweatpants, sweatshirts, or jeans.
11) Skin diseases: Anyone with skin problems will not be allowed to participate. This includes cold sores, impetigo, boils, and ringworm.

Registration Form
This is not a school sponsored event. No liability is assumed by the tournament coordinators, officials, the Lake Mills Wrestling Club, or Lake Mills School. If you have questions, contact Dan Fjeld @ 605-695-6644. Please duplicate this form as necessary.

Please fill out and mail to: Dan Fjeld, 364 370th St., Joice, IA 50446

Name________________________ Age_________Birthdate____________________
Team/Club________________________________________________ Telephone #________________________
Grade__________Weight_______Record_________________ Beginner Intermediate Advanced
Parent’s Signature__________________________________________