**Important COVID related precautions:**
- To help with social distancing, one or two paid adult admissions allowed per wrestler.
- Masks are required on everyone, the only exception is when an athlete is wrestling matches.

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**TEAM AWARDS!!!** Team picture plaques will be awarded to the top 4 teams/clubs. Points will be given for all wrestlers that your team/club brings. 1st = 4 team points, 2nd = 3 team points, 3rd = 2 team points, and 4th = 1 team point. Bring as many wrestlers as possible to increase the chances of taking home a plaque.

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**FRIDAY, NOVEMBER 27, 2020**

**Lake Mills Wrestling Club Tournament**

(Snow dates: Sat., Nov. 28, then Sun., Nov. 29)

Lake Mills School, 102 S 4th Ave East, Lake Mills, IA 50450

**Entry Fee:** $16 online only through Trackwrestling.com. Limited to 350 wrestlers.

**Direct Link:** [http://www.trackwrestling.com/registration/TW_Register.jsp?tournamentGroupId=192973132](http://www.trackwrestling.com/registration/TW_Register.jsp?tournamentGroupId=192973132)

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**K-Prep through 8th Grade (2 gyms, 9 mats used)**

**K-4 wrestles in HS gym, 5th-8th wrestle in the MS Gym**

(Tournament averages over 350 wrestlers and lasts only 3.5 to 4 hours!)

**High School Gym**

<table>
<thead>
<tr>
<th>Grade</th>
<th>Weigh In Time</th>
<th>Approx. Wrestling Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Division I- K Prep &amp; K</td>
<td>11:30 am –12:30 pm</td>
<td>1:15</td>
</tr>
<tr>
<td>Division II- 1st &amp; 2nd grade</td>
<td>12:00 am– 12:45 pm</td>
<td>follows K-Prep &amp; K</td>
</tr>
<tr>
<td>Division III- 3rd &amp; 4th grade</td>
<td>2:00 pm – 2:30 pm</td>
<td>follows 1st &amp; 2nd grade</td>
</tr>
</tbody>
</table>

**Middle School Gym**

<table>
<thead>
<tr>
<th>Grade</th>
<th>Weigh In Time</th>
<th>Approx. Wrestling Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Division IV- 5th &amp; 6th grade</td>
<td>12:30 pm – 1:00 pm</td>
<td>1:45</td>
</tr>
<tr>
<td>Division V- 7th &amp; 8th grade</td>
<td>1:30 pm – 2:00 pm</td>
<td>follows 5th &amp; 6th grade</td>
</tr>
</tbody>
</table>

Round Robin Tournament. Four person brackets. Everyone wrestles 3 times, if possible. Medals awarded to all four places. Awards handed out when bracket has completed wrestling.

**Tournament Rules:**
1) Due to COVID, masks are required on everyone, the only exception is when an athlete is wrestling matches.
2) Concession stands available-Sponsored by the LM Wrestling Club.
3) Coaching at mat side.
4) K-Prep-6th matches will consist of three, one minute periods. 7th-8th will be 2-1-1. Overtime will be sudden death and first to score wins.
5) Anyone causing trouble or doing damage in the facility will be held responsible for them and will be ineligible for the rest of the day.
6) When a participant is not on deck, or wrestling, he/she is expected to be in the bleachers.
7) Participants will be responsible for any lost items.
8) Injuries must be reported to the meet director the day of the tournament.
9) Showers are available. Bring your own towel.
10) Admission will be charged to everyone except participating wrestlers.
11) No sweatpants, sweatshirts, or jeans.
12) Skin diseases: Anyone with skin problems will not be allowed to participate. This includes cold sores, impetigo, boils, and ringworm.

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**Direct Link:** [http://www.trackwrestling.com/registration/TW_Register.jsp?tournamentGroupId=192973132](http://www.trackwrestling.com/registration/TW_Register.jsp?tournamentGroupId=192973132)