Sioux City Open Wrestling Championships
Hosted by Sioux City North High School on 1-26-20.

This Tournament will run on Trackwrestling.com

**Divisions:** - Super Pewee Grades Pre K & K, Pewee Grades 1 & 2, Novice Grades 3 & 4,
Juniors Grades 5 & 6, Seniors Grades 7 & 8.

**Format:** - 6 Man Round Robin When Possible, Get up to 5 matches. Iowa High School Rules Apply. Juniors and Seniors will Wrestle 3 – 1:30 second periods. Everyone else wrestles 3 – 1 minute periods. Wrestlers are paired based on grade, weight, and experience. Wrestlers are allowed to move up a division. Great competition from the tristate area. NO refunds if you choose to pull your wrestler after matches are assigned.

**Weigh-ins:** - Pre K through Novice will weigh–in from 8 – 9 am. Wrestling start time 10:00 am.
Juniors and Seniors will weigh-in from 11:30 – Noon starting after session 1 ends.

**Awards:** - All wrestlers will receive a Custom Medal, In addition, champions will receive a wall chart.

**Entry Fee and Admission:** - Limited to the first 350 wrestlers. Please register on line at Trackwrestling.com.
NO MAIL-IN ENTRY.
Online Preregistration $15.00 - by Saturday, January 25th, 2020 6:00pm.
Walk-ins $25.00
Admission Adults - $5.00 Students - $3.00

**Concessions:** A variety of concessions will be available throughout the day. No Outside Food or Coolers Allowed!

**Contact:** John Torno – tornoj@live.siouxcityschools.com – 712-253-6395
Or Kip Wilcox – WilcoxC@live.siouxcityschools.com – 712-898-2727

Entry Form for Walk-ins only or ENTER Online @ TRACKWRESTLING.COM

Name: ___________________________ Club: ________________________________
Address: ___________________________ City/State/Zip ___________________________
Phone: ___________________________ Age/Grade: _______________ DOB _________ - _________ - ________
Weight ___________________________

Experience Level: (circle one) Beginner - few matches & Losing record, Average - 50% win record,
Experienced – 75% Winning record or State/National place winner (Verified through Trackwrestling)

I/We certify that _____________________________________________ was born on the date/in the grade stated and has my/ our permission to compete in the Sioux City Early Open Tournament at Sioux City North High School. I/We release the Storm Wrestling Club, North High, and all other clubs, agencies, and individuals assisting in the conducting of the tournament from liability and responsibility for any accidents involving or sustaining by my/our wrestler (s) or ourselves and companions during the course of the tournament (including arrival and departure).

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Signature of Parent or Guardian