2020 WINTER NATIONALS

CHALLENGE FOR THE CHAIN

WEIGH-INS (RALSTON ARENA)
FRIDAY (JAN 3) - 6 to 9pm
SATURDAY (JAN 4) - 6 to 6:30am (30 Min only)

WRESTLING SCHEDULE

SATURDAY (JAN 4TH)
8:30 Coaches meeting
9:00 Wrestling starts
Will wrestle all girls brackets, Round Robins, and at least two rounds of rest of brackets.

SUNDAY (JAN 5TH)
8:00 Wrestling Continues
Awards immediately following each bracket completion

REGISTRATION

• Register on line at: TrackWrestling.com
• Must be registered by Friday, January 3, 2020 @ Noon
• Late registration = add $20 if tournament limit not met
• Final cutoff at the end of weigh-ins or 1200 wrestlers.
• FREE weight class bump up or down.

ALL ATHLETES MUST HAVE A CURRENT AAU CARD AND BIRTH CERTIFICATE AT WEIGH-INS.

ADMISSION

• Adults $12/day or $20/weekend
• Coaches Pass $40/weekend includes admission, floor pass to coach (AAU Card Required)
• One (1) free HEAD COACHING pass per 8 wrestlers.
  (Head coaching passes only have access to Hospitality Room)

ALL COACHES MUST SHOW A NON-ATHLETE AAU CARD.
(Must be pre-purchased due to Background Checks)

RALSTON ARENA
7300 Q STREET, OMAHA, NE
January 3-5, 2020
WINTERNATIONALS.ORG

Contact: DanVacha@gmail.com (402) 578-5252

ALL GIRLS DIVISIONS INCLUDED

AGE GROUPS

<table>
<thead>
<tr>
<th>AGE GROUP</th>
<th>AGE RANGE</th>
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</thead>
<tbody>
<tr>
<td>TOTS</td>
<td>AGE 6 &amp; UNDER</td>
</tr>
<tr>
<td>BANTAM</td>
<td>AGE 7 - 8</td>
</tr>
<tr>
<td>MIDGET</td>
<td>AGE 9 - 10</td>
</tr>
<tr>
<td>NOVICE</td>
<td>AGE 11-12</td>
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<tr>
<td>SCHOOLBOY/GIRL</td>
<td>AGE 13 - 15</td>
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</tbody>
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• Age as of tournament date
• Standard AAU weight classes
• NO HIGH SCHOOL WRESTLERS
• Girls divisions will follow AAU boys ages, but all girls bracket will be block bracketing (no set weight groups for girls).

WIN BOTH
RUMBLE ON THE RED
AND
WINTER NATIONALS
AND RECEIVE AN ELITE T-SHIRT

visit FargoRumble.com for Rumble on the Red info